



GOOD  
SHEPHERD  
CARE  
CARING FOR LIFE



SHOLDEN HALL  
RESIDENTIAL RETREAT

**Sholden Hall Residential Home,**  
London Road,  
Deal,  
Kent  
CT14 0AB.

Telephone 01304 375445

<http://www.sholdenhall.co.uk/>



***Sholden Hall is a caring and happy home  
providing excellence in the care of the older person  
and those living with dementia.***

***Sholden Hall's trained staff specialise in providing interactive activities  
and **Namaste** therapy, a research proven method of improving the  
quality of life of those living with dementia and their families.***

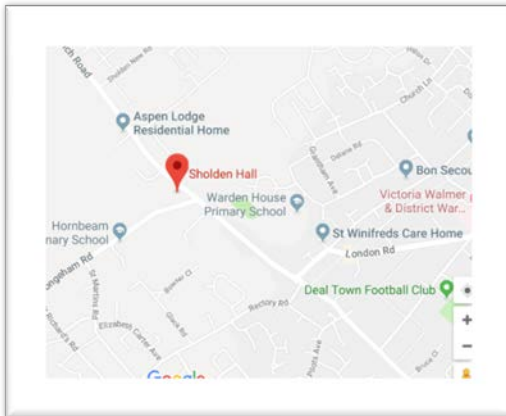


CQC overall rating

Requires Improvement

23<sup>rd</sup> May 2023

**Welcome to Sholden Hall residential Home, we are situated in the beautiful village of Sholden near the coastal town of Deal. Sholden Hall is an historic building.**



We are a small family-run care home that can cater for 27 Residents. We offer a friendly, happy, and safe homely environment for our residents, Sholden Hall is, simply, a home-from-home.

We pride ourselves on our commitment to our residents and the level of care that we provide, treating each of our residents with dignity and respect, always remembering they are individuals with individual needs.

Our purpose is to provide the highest possible quality of care to all our residents, so they feel **valued**, **safe** and **happy**. Our fully trained staff encourage residents to retain as much of their own independence as possible but are always close by to help and support.

We have an open-door policy and warmly welcome you to drop by, take a look around, and chat with the people who make up Sholden Hall's life. Our purpose is to make a positive difference in the lives of the people for whom we care, and strive to give peace of mind to their relatives.

If you would like to know more about life at Sholden Hall, please feel free to contact us at **01304 375445** at any time, we are always happy to help, support

and give you any advice you may need, or visit our website at:

[www.sholdenhall.co.uk](http://www.sholdenhall.co.uk)

# *Valued Safe Happy*

## **Staff at Sholden Hall Residential Home:**

We have an amazing and caring team at Sholden Hall



*Tina Sanders, our Registered Manager, brings extensive expertise gained over numerous years in various departments within Sholden Hall and the field of elderly care. She has been an integral part of Sholden Hall's team since 2008.*



*The owners of Sholden Hall collaborate closely with Tina Sanders on a daily basis, drawing upon their extensive professional backgrounds. Stella Mary Georgy brings a wealth of experience in the fields of health and social care. Having previously served as a registered manager, she has demonstrated a consistent performance record ranging from "Requires Improvement" to "Good."*

We know that every member of our team is caring, friendly, enthusiastic, and motivated. They are well respected and actively supported by Tina Sanders, Stella Mary Georgy, and Georgy Jacob to enable them to do their job in a warm, caring and professional manner.

We provide long and short-term care for the elderly, with a special interest in helping people with all levels of memory impairment and dementia.

We offer a safe, caring, comfortable and happy environment where our experienced staff work closely as a team with both residents and their families.

We ensure there are high staffing levels at all times and an excellent level of personal care, which is always carried out ensuring **privacy, dignity** and **respect** at all times

*Privacy*

*Dignity*

*Respect*

## **Dementia Care:**

At Sholden Hall all staff are dedicated to improving the lives of those with dementia

Staff training is a priority, and the team follow a comprehensive training programme, ensuring they can best meet the individual care needs of our residents.

Our staff are trained in both dementia care and in the **Namaste Care programme**.

*The **Namaste Care programme** integrates compassionate care with individualised, meaningful activities for those living with dementia.*

***'Namaste' means to 'honour the spirit within'.***



The care programme is based on sensory interventions, especially touch. The therapy has also been demonstrated to enhance the quality of palliative care for those approaching the end of

life. The programme recognises that at this stage in dementia, the aim of care will be comfort and pleasure, and supports staff and families to work towards achieving these goals.

## Catering

Sholden Hall employs a highly experienced chef who provides delicious meals made from locally sourced fresh produce.

Staff give residents a copy of today's menu or explain what is on offer, so they are able to make a choice in advance. All dietary needs are catered for, and when preparing the menu, we are always mindful of what the residents would like and where possible aim to provide the favourite dishes.

## Resources:

At Sholden Hall we are fortunate in having several excellent medical centres based in the area. We liaise closely with the GPs and the District Nursing team to provide close day-to-day cover. The pharmacy is also based locally and provides us with superb support.

The home has a wide range of aids to support those with mobility problems. This includes specialist bath and standing hoists, a stair lift and a passenger lift which accommodates wheelchairs. All our staff are fully trained in mandatory training to deliver the care needs for the residents at Sholden Hall.

## Social Activities

Sholden Hall prides itself on being able to offer residents a variety of different activities, that they can engage with and makes them smile.



Our activity coordinator plays a big part in the life of Sholden Hall, she ensures we have a varied programme of events and activities throughout the year - many of which will always bring about a smile or two.

All activities are designed to encourage mental alertness, self-esteem and social interaction, no one is forced to take part in the activities, and they are planned with everyone's capabilities, interests and wishes are taken into account. Sholden Hall is quite simply a home, where each resident and their family become part of our extended family.



Bella the Shetland pony has visited Sholden Hall, which was a wonderful experience for the residents.

Family and friends are always welcome to visit at any time and are free to join us or even participate in social events and activities. We also encourage family participation in the care and well-being of their loved ones, one of the activities where we encourage family involvement is the creation of residents' memory boxes.

Sholden Hall also has visiting chiropody, podiatry, optician, and dental services, as well as hairdressing. Manicure provision is also regularly available. Representatives of all religious groups visit Sholden Hall frequently.

Standards of care at Sholden Hall are regulated by the  
Care Quality Commission (CQC).

The latest CQC inspection report is available to download from the CQC website

[www.cqc.org.uk](http://www.cqc.org.uk).

Search for **Sholden Hall Care Home** or click on the link below

<https://www.cqc.org.uk/location/1-12770346996>